

Programs

Meals

The Main Purpose of the Congregate Meals and the Meals on Wheels program is to serve the needs of a population of older adults in our community and provide a well balanced meal at a reasonable cost.

Recreational Activities

We offer a range of sports at the Senior Centre:

- | | |
|---------------|-----------------|
| Bridge | Floor Shuffling |
| Fitness | Line Dancing |
| Floor Curling | Pickleball |

Events

We offer a variety of events including Tea & Biscuits, Jam Session, Waffles, Movies, etc.

Services for Seniors

The purpose of the Resource office is to ensure that seniors in the community are made aware of and are provided access to services that assist Seniors in maintaining their independence.



Contact Us

102 - 650 South Railway Ave.
Winkler, MB R6W 0L6
office@winklerseniorcentre.com
(204)325-8964



*Winkler
Senior
Centre*

Membership

Why Membership

- Members can vote and make decisions at the annual general meeting
- Members Support the Winkler Senior Centre.

This means that you can count on:

- A centre where you can enjoy the company of other Older Adults
- A congregate meal you can enjoy for reasonable cost
- Services and programs to help Older Adults live active healthy lifestyles in their own homes

Membership Fees

Membership fees for Older Adults 55plus are kept affordable.

With your membership fees enjoy discounts on the following

- Our Gym
- Floor Curling
- Floor Shuffle
- Video Fitness Classes
- Line Dancing
- Other Activities

GET YOUR MEMBERSHIP TODAY!
Purchase online or visit our Centre.

The Senior Centre is a focal point in Winkler and surrounding district providing opportunities for persons 55 plus to experience a positive and dignified retirement lifestyle in their community.

As a Non-Profit we provide services that engage the whole person including sport, community, volunteerism, personal wellness, and meals.

Volunteering

Why Volunteer

At Winkler Senior Centre we value and appreciate our volunteers. When you volunteer at the Senior Centre, you have the opportunity to build friendships and give back to the community while doing what you enjoy.

Opportunities

- Coffee Service
- Reception
- Tea Room
- Waffles
- Kitchen
- Meals on Wheels
- Events

Get Involved

If you would like to be a part of a team that has been serving Winkler and district for over 40 years, check out our website for our volunteer application or speak to our Volunteer Coordinator at (204)325-8964