Volunteer - Meals on Wheels Delivery (No Driving)

Winkler and District Multipurpose Senior Centre Inc.

Become a Meals on Wheels Driver today and help support our vision that no senior goes hungry or experiences social isolation.

• Route is for week days between 11:30 a.m. – 12 p.m.

• Meal delivery can take 1/2 hour to 1 hour

• Meals are picked up at the Winkler Senior Centre – 650 S. Railway Avenue (in the Buhler Active Living Centre)

• Route involves walking a trolly across the street and taking meals directly to apartments.

Prerequisites:

- Must be 18 years and older
- Time commitment of 1 day a week
- Require clean Criminal record, Vulnerable sector and Adult Abuse Registry check.

• Take time to be pleasant and chat with the client upon arrival at each home

To Volunteer:

1. Complete a Volunteer Application form, available at Winkler Senior Centre or on our

website <u>https://www.winklerseniorcentre.com/volunteers.html#/</u> or see the Volunteer Coordinator at the Senior Centre.

2. Once you've completed the application, you will be asked to complete a background check.

3. After satisfactory background check results are returned to the Volunteer coordinator, we will work with you to schedule orientation with another driver and route.